

SEASON PACK

2025 / 2026



PLEASE ENSURE YOU HAVE READ AND UNDERSTOOD EVERYTHING
IN THIS PACK BEFORE COMMITTING FOR THE SEASON

WELCOME

**HELLO AND WELCOME TO
SS STARS CHEERLEADING,
WHETHER YOU ARE A RETURNING MEMBER OR
NEW TO OUR CLUB, WE CAN'T WAIT TO WORK
WITH YOU DURING OUR 25/26 COMPETITION
SEASON**

**THIS PACK WILL INCLUDE ALL OF THE BASIC INFORMATION
YOU NEED TO KNOW ABOUT COMPETING WITH US, WHAT
TO EXPECT THROUGHOUT THE SEASON, COSTS AND
IMPORTANT DATES.**



PARENTS MEETING

4TH AUGUST 2025

WATERLANE LEISURE CENTRE

BEFORE OUR SEASON STARTS WE WILL BE
HOLDING A COMPULSORY PARENTS
MEETING FOR ALL COMPETITION ATHLETES.

5 – 6pm

YOU WILL THEN HAVE UNTIL THE 1ST OF
SEPTEMBER TO SIGN UP TO YOUR TEAMS
AND PAY MEMBERSHIP.

READY FOR TRAINING TO START THE WEEK
COMMENCING 8TH SEPTEMBER 2025

IF YOU ARE UNABLE TO MAKE OUR PARENTS
MEETING PLEASE CONTACT US ASAP

ABOUT US

SS STARS CHEERLEADING CLUB HAS BEEN OPERATING SINCE 2012 AND IS A NON PROFIT ORGANISATION, MEANING ALL THE FEES YOU PAY THROUGHOUT THE YEAR GO DIRECTLY BACK INTO SUPPORTING THE CLUB.

OUR CLUB IS RAN ON A VOLUNTEER BASIS ALONG SIDE THE COACHES OTHER COMMITMENTS AND JOBS.

OUR COACHING TEAM IS MADE UP OF 4 MAIN COACHES, SUE AND SAM, WHO OWN THE CLUB, AND THEIR DAUGHTERS ELLEN AND YASMINE. ALL OF OUR COACHES ARE QUALIFIED IN CHEERLEADING UP TO A MINIMUM OF LEVEL 3 AND ARE ALL DBS CHECKED. THEY ALL HAVE A BACKGROUND IN GYMNASTICS AND COLLECTIVELY HAVE OVER 50 YEARS OF EXPERIENCE!

IF ANYONE WOULD LIKE TO VOLUNTEER FOR THE CLUB PLEASE LET US KNOW!

AS WE ARE A COMMUNITY BASED CLUB WE TRY TO KEEP ALL COSTS AS LOW AS POSSIBLE, BUT PLEASE FAMILIARISE YOURSELF WITH OUR COSTS BREAKDOWN BEFORE ACCEPTING YOUR CHILDS PLACE, AS CHEERLEADING CAN BE EXPENSIVE.



COMMITMENT

CHEERLEADING IS A TEAM SPORT, WHICH HEAVILY RELIES ON ALL MEMBERS BEING PRESENT AS 1 ATHLETE MISSING COULD MEAN 4 OTHER ATHLETES, NOW CANNOT PRACTICE THEIR STUNTS, OR EVEN MEAN THE FULL TEAM NOW NOT BEING ABLE TO PRACTICE TO THEIR FULL POTENTIAL, WE DO NOT HAVE REPLACEMENTS OR STEP INS, SO EVERY ATHLETE IS IMPORTANT TO ROUTINE.

THIS IS THE MAIN REASON WE ASK YOU TO COMMIT FOR THE WHOLE SEASON, (SEPTEMBER - JUNE) AS LEAVING HALF WAY THROUGH MEANS WE HAVE TO RE-CHOREOGRAPH THE WHOLE ROUTINE, WASTING VALUABLE TIME WE COULD HAVE SPEND ON IMPROVEMENTS.

IF YOU DO DECIDE TO LEAVE PART WAY THROUGH THE SEASON YOU WILL BE LIABLE FOR ANY COMPETITIONS FEES/SPECTATOR TICKETS/ UNIFORM PAYMENTS WHICH HAVE ALREADY BEEN SUBMITTED AND WILL NOT BE REFUNDABLE.

OUR COMPETITION TEAMS TRAIN FOR 1 - 2 HOURS A WEEK AND IT IS EXPECTED THAT ALL ATHLETES ATTEND ALL SESSIONS, WE TRAIN SEPTEMBER - JUNE, INCLUDING ALL HALF TERMS AND EASTER HOLIDAYS (WE WILL HAVE 3 WEEKS OFF AT CHRISTMAS)

SHOULD YOU NEED TO MISS A SESSION DUE TO ILLNESS, SCHOOL EVENT, OR FAMILY ISSUE YOU MUST ADVISE THE CLUB AS SOON AS POSSIBLE, PLEASE DO NOT TO LEAVE IT TO THE DAY OF TRAINING UNLESS IT IS A SUDDEN ILLNESS.

ATTENDING A BIRTHDAY PARTY IS NOT AN EXCUSE, WE HAVE TO ATTEND TRAINING FOR OUR BIRTHDAYS, SO IS IT EXPECTED MEMBERS MAKE THE SAME COMMITMENT.

COMPETITIONS

THIS YEAR WE ARE PLEASED TO BE RETURNING TO COMPETE AT 4 COMPETITIONS, OUR FIRST FULL COMPETITION SCHEDULE SINCE COVID.

COMPETITION MEMBERS ARE EXPECTED TO ATTEND ALL COMPETITIONS, PLEASE NOTE, IT IS YOUR RESPONSIBILITY TO GET YOUR CHILD TO COMPETITIONS.

WE HAVE TRIED TO PICK COMPETITIONS AS LOCAL TO US A POSSIBLE HOWEVER ALL WILL REQUIRE SOME TRAVEL AND POSSIBLY EVEN HOTEL STAYS, AS COMPETITIONS CAN START AS EARLY AS 7:30AM AND FINISH PAST 9PM

3 WEEKS PRIOR TO ANY COMPETITION WE WILL HAVE COMPULSORY TRAINING SESSIONS, KNOWN AS 'RED ZONE SESSIONS' IF YOU MISS ONE OF THESE SESSIONS YOU MAY BE REMOVED FROM THE TEAM FOR THAT COMPETITION.

***IF YOU ARE UNABLE TO MAKE ALL OF OUR COMPETITIONS AND COMPULSORY SESSIONS YOU NEED TO INFORM US BEFORE WE RETURN TO TRAINING IN SEPTEMBER. PLEASE NOTE IF YOUR CHILD IS MISSING COMPETITIONS THEY WILL BE PLACED IN A LESS PROMINENT POSITION IN THE ROUTINE, SO WE CAN STILL COMPETE WITHOUT THEM.**

COMPETITIONS

COMPETITION	DATE	LOCATION
 FUTURE CHEER SPOTLIGHT SHOWDOWN	14TH & 15TH MARCH	COLCHESTER CO4 3SQ
 CHEER CITY BRING THE HEAT APOLLO WILL NOT COMPETE	11TH & 12TH APRIL	KETTERING NN15 6PB
 REVOLUTION REIGN	23RD & 24TH MAY	COLCHESTER CO4 3SQ
NEW VENUE AND DATE  ICE CHAMPIONSHIPS	13 & 14TH JUNE	LEICESTER LE1 3UL
 SS STARS SUMMER SHOW	16TH JUNE TBC	LOWESTOFT

PLEASE NOTE YOUR CHILD WILL ONLY BE REQUIRED TO COMPETE ONE DAY AT THE COMPETITION WE DON'T ALWAYS KNOW WHICH UNTIL CLOSER TO THE TIME.

APOLLO WILL NOT COMPETE AT CHEER CITY BRING THE HEAT DUE TO THIS BEING A PREP ONLY EVENT

COMPETITIONS

SPECTATOR TICKET INFORMATION

FUTURE CHEER - SPOTLIGHT SHOWDOWN

TICKET COST ADULT - £15 CHILD-£ 10

PAYMENT DEADLINE 1/12/25

CHEER CITY - BRING THE HEAT

TICKET COST PER SESSION - £13 WEEKEND-£45

PAYMENT DEADLINE 10/1/26

REVOLUTION - REIGN

TICKET COST PER SESSION £15 ALL DAY £23

PAYMENT DEADLINE 27/3/26

ICE - CHAMPIONSHIPS

TICKET COST PER SESSION £18 WEEKEND £45

PAYMENT DEADLINE 10/4/26

TRAINING

ALL TRAINING SESSIONS WILL TAKE PLACE AT WATERLANE LEISURE CENTRE ON A MONDAY OR TUESDAY FOR 1.5 - 2 HOURS A WEEK. THROUGHOUT DIFFERENT TIMES OF THE YEAR YOUR CHILD MAY BE ASKED TO ATTEND EXTRA SESSIONS TO WORK ON A SPECIFIC SKILL.

PLEASE ENSURE YOU GET YOUR CHILD TO TRAINING ON TIME AND THEY ARRIVE READY WITH THEIR HAIR UP AND WATER BOTTLE FILLED, SO WE CAN ENSURE WE GET THE MOST OUT OF YOUR CHILDS TRAINING TIME.

ASTRONAUTS

MONDAY 5:00 - 6:30PM

LUNAR

MONDAY 6:00 - 8:00PM

APOLLO

TUESDAY 6:00 - 8:00PM

CHOREOGRAPHY OF ROUTINES

WE WILL BE CHOREOGRAPHING ALL ROUTINES BETWEEN SEPTEMBER AND NOVEMBER SO WE HAVE ENOUGH TIME TO WORK ON PERFECTING SKILLS AND TECHNIQUES BEFORE THE COMPETITION. THEREFORE IT IS VITAL WE HAVE EVERYONE ATTEND ALL SESSIONS DURING THIS PERIOD SO WE CAN GET OUR ROUTINE SET AS SOON AS POSSIBLE.

TRAINING

OUR EXPECTATIONS

WE EXPECT ALL ATHLETES TO TURN UP TO ALL TRAINING SESSIONS, ON TIME READY TO START, WITH A DRINK!

OUR TRAINING TIMES ARE VERY LIMITED SO WE EXPECT ALL ATHLETES TO PUT IN 100% AT ALL TIMES, SO WE DON'T WASTE ESSENTIAL TRAINING TIMES AND MORE IMPORTANTLY YOU DON'T WASTE YOUR TEAMMATES TIME.

WE ASK THAT ALL ATHLETES FOLLOW INSTRUCTIONS AND TRUST THEIR COACHES DECISIONS, WE WILL NOT ACCEPT BACKCHAT DIRECTED AT COACHES, TEAMMATES OR PARENTS.

WE HAVE ZERO TOLERANCE FOR BULLYING WITHIN OUR TEAMS, WE EXPECT ALL TEAMMATES TO CHEER EACH OTHER ON AND HELP EVERYONE TO LEARN AND GROW.

HOMEWORK

THERE MAY BE TIMES WHEN YOUR CHILD IS ASKED TO WORK ON SOMETHING AT HOME, SUCH AS IMPROVING THEIR FLEXIBILITY OR WORKING ON DANCE. PLEASE ENSURE THIS IS COMPLETED AND YOU DO NOT SKIP OVER IT AS WE ASKED FOR THIS TO BE DONE TO HELP BETTER YOUR CHILD AND THEREFORE THEIR TEAM.

MOBILE PHONES

WE DO NOT ALLOW ATHLETES TO USE MOBILE PHONES DURING THE SESSION, ALL PHONES MUST BE PLACES INTO OUR PHONE BOX AT THE START OF THE SESSION. IF YOU FEEL YOU MUST CONTACT YOUR CHILD DURING THEIR SESSION TIME PLEASE CONTACT THE CLUB NUMBER

07561742891

ABSENCES

WE UNDERSTAND THERE MAY BE TIMES WHEN YOU NEED TO MISS TRAINING, BUT ALL ABSENCES NEED TO BE REPORTED TO US AT THE EARLIEST MOMENT. HALF AN HOUR BEFORE THE START OF A SESSION IS NOT ACCEPTABLE NOTICE!

ACCEPTABLE ABSENCES

IF YOUR CHILD HAS BEEN SICK THEY CANNOT ATTEND TRAINING, HOWEVER IF YOUR CHILD HAS A HEADACHE OR A COLD PLEASE STILL SEND YOUR CHILD TO TRAINING, EVEN IF ITS JUST TO WATCH!

IF YOUR CHILD HAS BEEN ASKED TO TAKE PART IN A SCHOOL EVENT THIS IS AN EXCUSED ABSENCE BUT PLEASE LET US KNOW IN ADVANCE SO WE CAN PLAN AROUND YOUR CHILDS ABSENCE!!

HOLIDAYS

IF YOU PLAN ON TAKING A HOLIDAY DURING THE COMPETITION SEASON PLEASE LET US KNOW AT THE EARLIEST MOMENT. THERE WILL BE A FORM DURING SIGN UP FOR ANY PRE-PLANNED HOLIDAY DATES THAT FALL WITHIN THE SEASON

JUST A REMINDER WE TRAIN IN SCHOOL HALF TERMS AND EASTER HOLIDAYS!

TRAINING KIT

ALL COMPETITIONS MEMBERS WILL RECEIVE A T-SHIRT AND A PAIR OF SHORTS WITH THEIR MEMBERSHIP PAYMENT, THESE WILL BE GIVEN OUT AT OUR FIRST TRAINING SESSION IN SEPTEMBER (OR AS SOON AS POSSIBLE).

ALL ATHLETES MUST WEAR A CROP TOP OR SPORTS BRA UNDERNEATH THEIR T-SHIRTS!

IT IS COMPULSORY FOR ALL ATHLETES TO WEAR THESE TO ALL TEAM TRAINING SESSIONS!

IF YOUR CHILD DOES NOT ATTEND IN THE CORRECT TRAINING KIT THEY WILL BE SENT HOME.

ALONG SIDE THEIR SHORTS ATHLETES CAN WEAR BLACK LEGGINGS IF THEY PREFER.

(ORDER FORMS FOR TRAINING KIT WILL BE SENT WITH TEAM ACCEPTANCE FORMS AFTER OUR PARENTS MEETING)

JUMPERS

IN THE WINTER YOUR CHILD MAY WISH TO TRAIN IN A JUMPER, THESE CAN BE PURCHASED FROM THE CLUB SHOP ON COACHA OR THEY CAN WEAR THEIR OWN BUT **NO ZIPS OR HOODS** WILL BE PERMITTED AS THESE ARE DANGEROUS TO WEAR WHEN STUNTING!



JEWELLERY

NO JEWELLERY IS PERMITTED TO BE WORN AT TRAINING INCLUDING NECKLACES, EARRINGS, RINGS, BRACELETS, WATCHES.

TRAINING KIT

SHOES

ALL COMPETITION ATHLETES ARE REQUIRED TO HAVE A PAIR OF WHITE CHEER SHOES, THESE CAN RANGE FROM £20 - £80 DEPENDING ON WHICH YOU BUY.

UNLIKE OTHER TEAMS WE DO NOT HAVE A PREFERENCE WHICH YOU BUY AS LONG AS THEY'RE COMPLETELY WHITE, AND HAVE A FULL SOLE,

NO SPLIT SOLES ALLOWED.

IF YOU ARE A FLYER WE DO ASK YOU BUY A GOOD QUALITY CHEER SHOE AS NORMAL WHITE TRAININGS ARE OFTEN TOO CHUNKY FOR BASES TO GRIP.

IF YOU ARE UNSURE WHICH SHOE TO BUY PLEASE SEND US A PHOTO OF THE ONES YOU ARE LOOKING AT AND WE WILL CONFIRM IF THEY'RE APPROPRIATE.



HAIR

ATHLETES MUST ATTEND TRAINING WITH THEIR HAIR UP OUT OF THEIR FACE, WE ASK THAT YOUR CHILDS HAIR IS NOT IN A HAIR STYLE THAT WILL EASILY FALL OUT WHEN THEY'RE JUMPING OR TUMBLING AS PUTTING HAIR BACK UP WASTES SESSION TIMES.

PLEASE ALSO ENSURE THERE ARE NO CLAW CLIPS OR HEADBANDS WORN TO SESSIONS AS THESE ARE DANGEROUS

UNIFORM

ALL COMPETITIONS MEMBERS ARE REQUIRE TO PURCHASE THEIR OWN COMPETITION UNIFORM, WE WILL BE HAVING THE SAME UNIFORM AS LAST SEASON, SO IF YOUR UNIFORM FROM THIS YEAR STILL FITS YOU DO NOT NEED TO PURCHASE ANOTHER ONE.

IT IS PARENTS RESPONSIBILITY TO CHECK YOUR CHILDS UNIFORM STILL FITS THEM OR IF THEY REQUIRE A NEW ONE, PLEASE INFORM US BEFORE 1ST OCTOBER OR YOUR CHILD WILL NOT RECEIVE A NEW ONE IN TIME FOR OUR FIRST COMPETITION.



UNIFORM COSTS BETWEEN £60 - £80 DEPENDING IF YOU ARE IN ASTRONAUTS UNIFORM CONSIST OF SHORTS AND TOP, LUNAR AND APOLLO UNIFORM CONSISTS OF A BODYSUIT AND SKIRT

HAIR

YOU ARE REQUIRED TO DO YOUR OWN CHILDS HAIR FOR COMPETITIONS, IF THIS IS SOMETHING YOUR STRUGGLE WITH YOU MUST FIND SOMEONE TO HELP DO YOUR CHILDS HAIR PRIOR TO THE COMPETITION, PLEASE DO NOT TURN UP WITH THE EXPECTATION SOMEONE ELSE WILL HAVE TIME TO DO YOUR CHILDS HAIR.

ASTRONAUTS - 2 BUBBLE BRAIDS

**LUNAR & APOLLO - HIGH PONY TAIL,
STRIAGHT OR LOOSELY CURLED**

FEES AND PAYMENT

EVERYONE WILL BE REQUIRED TO PAY AN ANNUAL MEMBERSHIP FEE, THIS COVERS YOUR INSURANCE, ID CARDS FOR COMPETITIONS, MUSIC LICENSES, END OF SEASON PARTY, THERE WILL BE 2 DIFFERENT LEVELS OF MEMBERSHIP LEVEL 1 INCLUDES T-SHIRT AND SHORTS AND LEVEL 2 INCLUDES T-SHIRT, SHORTS AND A CROP TOP

MEMBERSHIP

LEVEL 1 -£50

LEVEL 2 -£60

TRAINING FEES - YOUR TRAINING FEES WILL BE PAID MONTHLY FROM SEPTEMBER THROUGH TO JULY. THESE WILL INCLUDE ANY ADDITIONAL TEAM TRAINING FEES YOU MAY BE ASKED TO ATTEND

ASTRONAUTS

£30 .00 SEPT - JULY

LUNAR AND APOLO

£ 32.50 SEPT - JULY

COMPETITION ENTRY FEES - THESE ARE THE FEES WE ARE CHARGED PER ATHLETE TO ENTER THE COMPETITIONS OVER THE SEASON. THESE FEES WILL BE SPLIT OVER 4 MONTHS FROM OCTOBER - JANUARY

ASTRONAUTS AND LUNAR APOLO

£ 34.00 OCT - JAN

£ 32.00 OCT - JAN

FEES AND PAYMENT

SPECTATOR TICKETS - THESE WILL NEED TO BE PURCHASED FOR ALL COMPETITION FOR ANYONE WANTING TO WATCH THE EVENT (CHEERLEADER DO NOT NEED A TICKET).

MOST COMPETITIONS ARE SPLIT INTO SESSIONS FOR DIFFERENT AGE GROUPS, SO YOU MAY NEED TO ORDER 2 DIFFERENT SESSIONS IF YOU HAVE SIBLINGS IN DIFFERENT AGE GROUPS.

TICKETS ARE ORDERED AT THE TIME OF ENTRY TO ENSURE WE ARE ABLE TO GET THEM. SOME COMPETITIONS DO SELL OUT AND TICKETS MAY NOT BE AVAILABLE TO PURCHASE ONCE THE ENTRY HAS BEEN COMPLETED.

SEE PAGE 8 FOR PRICES AND DATES WHEN TICKETS NEED TO BE ORDERED AND PAID

TICKETS WILL BE AVAILABLE VIA THE CLUB STORE AND A REMINDER WILL BE SENT NEARER TO EACH ENTRY DEADLINE

UNIFORM COSTS - IF YOU DO NOT ALREADY HAVE A UNIFORM YOU WILL NEED TO ORDER ONE BY **1 OCTOBER 2025**.

IF YOU HAVE GROWN OUT OF YOUR UNIFORM PLEASE LET US KNOW BY 1 OCTOBER 2025.

UNIFORM FEES CAN BE PAID IN FULL OR IN 2 PAYMENTS, BUT MUST BE PAID FOR IN FULL BY **28TH FEBRUARY 2026**

UNIFORMS WILL NOT BE GIVEN OUT UNTIL WE HAVE RECEIVED FULL PAYMENT

ALL PAYMENTS WILL BE TAKEN BY OUR PAYMENT SYSTEM VIA YOUR COACHA ACCOUNT. IF ANYONE IS STRUGGLING TO MAKE A PAYMENT PLEASE LET US KNOW AS SOON AS POSSIBLE AND WE WILL DO OUR BEST TO HELP YOU OUT, PLEASE DON'T LEAVE IT AND END UP WITH OUTSTANDING FEES, AS THIS COULD MEAN WE HAVE TO REMOVE YOUR CHILD FROM THE COMPETITION SQUAD



EVERYONE WITHIN THE CLUB SHOULD HAVE A COACHA ACCOUNT AND BE SET UP WITH A LOG IN

YOU CAN CHECK EVERYTHING ON YOUR COACHA ACCOUNT FROM YOUR CHILD DETAILS, ADD ANY MEDICAL CONDITIONS YOU FEEL WE NEED TO KNOW ABOUT OR ANY OTHER IMPORTANT INFORMATION.

ALL OF YOUR PAYMENTS ARE TAKEN THROUGH YOUR COACHA ACCOUNT VIA GOCARDLESS (DIRECT DEBIT) OR VIA STRIPE (CARD PAYMENT)

YOU CAN ACCESS EVERYTHING TO DO WITH YOUR PAYMENTS VIA YOUR COACHA ACCOUNT, CLICK ON THE BILLS AND PAYMENTS BUTTON AND ALL OF YOUR PAYMENTS YOU HAVE MADE CAN BE SEEN, SO YOU CAN ALWAYS TRACK WHAT YOU HAVE AND HAVEN'T PAID.

YOU CAN ALSO BOOK EXTRA SESSIONS IF WE HAVE ANY AVAILABLE LIKE EXTRA TUMBLING SESSIONS, VIEW THE CLUBS SCHEDULE WHICH WILL ALSO SHOW A LIST OF ALL THE IMPORTANT DATES, LIKE PAYMENT DUE DATES ETC

YOU CAN ALSO ORDER FROM THE CLUB SHOP AND CHECK THE STATUS OR ANY OTHERS AND PAYMENTS ETC

YOU CAN ALSO REPORT AN ABSENCE ON YOUR ACCOUNT WHETHER IT BE ILLNESS OR A PRE BOOKED HOLIDAY LOG IT ON YOUR COACHA ACCOUNT SO WE DON'T FORGET THAT YOU WILL MISS A SESSION

WE RECOMMEND TO USE A WEBSITE SEARCH VIA GOOGLE ETC RATHER THAN USING THE COACHA APP AS NOT EVERYTHING IS AVAILABLE TO VIEW ON THE COACHA APP

IMPORTANT DATES

4th August 2025 - Parent meeting for competition members

15th August 2025 -Return completed membership forms

1st September 2025 - membership must be returned

8/9th September 2025 - Return to Cheer following summer break

1st October 2025 - Uniform order due

27/28th October 2025 - HALF TERM, normal training for competition squads.

NO CHEER FOR FUN

1st December 2025 - Last chance to order Spectator Tickets for Future Cheer

15/16th December 2026 - Last session before Christmas break

5/6th January 2025 - Return to Cheer following Christmas break

10th January 2026 - Last chance to order Spectator Tickets for Cheer City

28th January 2026 - All competition entry fees must be paid in full if not collecting by monthly payment

16/17th February 2026 - HALF TERM, normal training for competition squads.

NO CHEER FOR FUN

23/24 February 2026 - RED ZONE TRAINING COMPETITION SQUAD

28th February 2026 - Uniforms must be paid in full

2/3rd March 2026 - RED ZONE TRAINING COMPETITION SQUADS

9/10th March 2026 - RED ZONE TRAINING COMPETITION SQUADS

14/15th March 2026 - FUTURE CHEER , COLCHESTER

23rd March 2026 - RED ZONE TRAINING FOR ASTRONAUTS/LUNAR

27th March 2026 - Last chance to order Spectator Tickets for Revolution

28th March - 7th April 2026 - EASTER HOLIDAYS, normal training for competition squads. **NO CHEER FOR FUN**

30th March 2026 - RED ZONE TRAINING FOR ASTRONAUTS/LUNAR

6th April 2026 - Easter Monday no Training

7th April 2026 - RED ZONE TRAINING FOR ASTRONAUTS/LUNAR CHANGED TO TUESDAY (no training for APOLLO) 5-6.30pm Astronauts/6-8pm Lunar

10th April 2026 - Last chance to order Spectator Tickets for ICE

11/12th April 2026 - CHEER CITY, KETTERING

4th May - BANK HOLIDAY NO TRAINING

5th May - RED ZONE TRAINING FOR APOLLO

11/12th May 2026 - RED ZONE TRAINING COMPETITION SQUADS

18/19th May 2026 - RED ZONE TRAINING COMPETITION SQUADS

23/24th May 2026 - REVOLUTION, COLCHESTER

25/26th May 2026 - HALF TERM NO CHEER FOR FUN

25th May 2026 - Bank Holiday NO TRAINING

26th May- RED ZONE TRAINING COMPETITION SQUADS

everyone in Tuesday times to be confirmed

1/2nd June 2026 - RED ZONE TRAINING COMPETITION SQUADS

8/9th June 2026 - RED ZONE TRAINING COMPETITION SQUADS

13/14th June 2026 - ICE, LEICESTER

23rd June 2026 - End of Season Show All Members

29/30th June 2026 - Tryouts for season 26/27

6th July 2026 - New Team Training

July 2026 - END OF SEASON AWARDS NIGHT date to be confirmed!!!

July/August - SKills Camp for all competition members date to be confirmed

Over the season there may be other
importance dates or events which we will
advise as soon as we know!

CONTACT

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07561 742891

**THIS PHONE IS NOT MONITORED SO YOU ARE BEST TO TEXT/WHATS APP
RATHER THAN CALL**

@SS.STARS.CHEERLEADING



**PLEASE DO NOT MESSAGE COACHES ON THEIR
PERSONAL NUMBERS OR SOCIAL MEDIA, ALL
COMMUNICATIONS TO DO WITH THE CLUB NEED
TO BE SENT TO ONE OF THE CONTACTS ABOVE**